



The Impact of Suicide on Mental Health Clinicians: What We Know, What We Can Do

Target Audience: Mental health clinicians

Instructional Level: Introductory

Course Description: This presentation will summarize what's currently known about the personal and professional experiences of a Clinician's suicide loss (of both patients and loved ones). Dr Gutin will highlight the potential impact of suicide loss on the clinicians work and identity, as well as the legal and ethical issues that are likely to arise after the suicide of a patient, which may further complicate clinicians' experiences. The role of stigma around the areas of suicide loss and professional vulnerability will be addressed, particularly as this may serve to exacerbate the judgement and isolation that many clinicians experience after such a loss. Postvention guidelines, which can optimally facilitate recovery and growth for impacted clinicians, will be offered. A clinician from a local agency will then share their personal experience of losing a client to suicide, highlighting both challenging and helpful factors in their eventual recovery.

Learning Objectives:

At the conclusion of this presentation, the participant should be able to:

1. Describe 3 common effects of client/family suicide loss on clinicians, as it relates to both personal and professional contexts.
2. Describe the ways in which personal and professional stigma plays a role in the sequelae of clinician's suicide loss.
3. Describe the factors most likely to facilitate optimal outcomes in relation to the suicide loss of a client from the personal, professional, clinical, educational, familial and legal perspectives

Date and Time: May 5, 2026, from 11am-12:30pm CT / 12pm – 1:30pm ET / 9am-10:30am PT

Duration: 1.5-hour workshop (1.5 CE available)

Where: Zoom

Training Cost: No Fee

Meet the Presenter

Nina J. Gutin, Ph.D.



Nina J. Gutin, Ph.D. is a Clinical Psychologist in Pasadena, California. She conducts trainings in Suicide Assessment, Intervention and Postvention, is on the Advisory Board and facilitates “Survivors After Suicide” groups for the Didi Hirsch Suicide Prevention Center and is a member of the Los Angeles Suicide Prevention Network. She is on the Board of of Austen Riggs Center, an open residential treatment facility in Stockbridge, MA. She is co-chair of the Coalition of Clinician-Survivors (which supports clinicians after personal and professional suicide losses) and has published several articles about Suicide Loss and Postvention. Since the loss of her brother to suicide in 1995, she has worked with a variety of organizations that aim to promote comprehensive responses to the needs for effective suicide prevention, intervention and postvention.

The presenter has no conflicts of interest to disclose.

Special Accommodations

If you require special accommodations due to a disability, please contact the STRONG STAR Training Initiative at admin@strongstartraining.org one week prior to the workshop so that we may provide you with appropriate service.

Continuing Education

The STRONG STAR Training Initiative offers attendees 1.5 Continuing Education (CE) Credits for participating in the 1.5-hour training. Participants who attend are eligible to receive 1.5 CE Credits. Inquiries regarding CE may be directed via email to admin@strongstartraining.org.

Our continuing education credits have historically been recognized by most professional state licensing boards. However, this is not guaranteed. Please check with your licensing board for verification.

The University of Texas Health Science Center at San Antonio is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The University of Texas Health Science Center at San Antonio maintains responsibility for this program and its content.

Cancellation

For cancellations or additional information, *please contact the STRONG STAR Training Initiative at admin@strongstartraining.org*

Training Agenda

Please note this agenda time is based on **Central Standard Time Zone**

11am-11:10am	Introduction
11:10am-11:30am	Impact on Clinicians
11:30am-11:45am	Role of Stigma
11:45am-12:15pm	Postvention Guidelines
12:15pm-12:30pm	Conclusion