

#### Clinical Work with the Suicide Bereaved

Target Audience: Mental health clinicians

**Instructional Level:** Introductory

**Course Description:** In this training, Dr. Gutin will describe the many unique aspects of grief following a suicide loss, as well as how this experience may vary for children and within different cultures and demographic groups (including clinicians). She will provide research and guidelines for effective treatment for those loss survivors who seek clinical and/or group support and will offer both local and national resources for survivors and clinicians who work with them.

#### **Learning Objectives:**

At the end of this course, participants will be able to:

- 1) Describe at least 3 of the unique issues and challenges encountered by survivors of suicide loss.
- 2) Describe how a survivor's suicide bereavement trajectory may vary in relation to cultural and/or demographic factors and spiritual beliefs.
- 3) Describe at least 3 optimal goals for suicide loss survivors in psychotherapeutic treatment, and the interventions which are most likely to facilitate these goals.

Date and Time: December 10, 2025, from 11am-3pm CT / 12pm – 4pm ET / 9am-1pm PT

**Duration:** 4-hour workshop (3.5 CE available)

Where: Zoom

Training Cost: No Fee

#### **Meet the Presenter**

Nina J. Gutin, Ph.D.



Nina J. Gutin, Ph.D. is a Clinical Psychologist in Pasadena, California. She conducts trainings in Suicide Assessment, Intervention and Postvention, is on the Advisory Board and facilitates "Survivors After Suicide" groups for the Didi Hirsch Suicide Prevention Center and is a member of the Los Angeles Suicide Prevention Network. She is on the Board of Austen Riggs Center, an open residential treatment facility in Stockbridge, MA. She is co-chair of the Coalition of Clinician-Survivors (which supports clinicians after personal and professional suicide losses) and has published several articles about Suicide Loss and Postvention. Since the loss of her brother to suicide in 1995, she has worked with a variety of organizations that aim to promote comprehensive responses to the needs for effective suicide prevention, intervention and postvention.

The presenter has no conflicts of interest to disclose.

### **Special Accommodations**

If you require special accommodations due to a disability, please contact the STRONG STAR Training Initiative at <a href="mailto:admin@strongstartraining.org">admin@strongstartraining.org</a> one week prior to the workshop so that we may provide you with appropriate service.

## **Continuing Education**

The STRONG STAR Training Initiative offers attendees 3.5 Continuing Education (CE) Credits for participating in the 1-day training. Participants who attend are eligible to receive 3.5 CE Credits. Inquiries regarding CE may be directed via email to <a href="mailto:admin@strongstartraining.org">admin@strongstartraining.org</a>.

Our continuing education credits have historically been recognized by most professional state licensing boards. However, this is not guaranteed. Please check with your licensing board for verification.

The University of Texas Health Science Center at San Antonio is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The University of Texas Health Science Center at San Antonio maintains responsibility for this program and its content.

# **Cancellation**

For cancellations or additional information, please contact the STRONG STAR Training Initiative at admin@strongstartraining.org

# **Training Agenda**

Please note this agenda time is based on Central Standard Time Zone

11am-11:45am	Suicide Loss Survivors
11:45am-12:45pm	Variations in Suicide Bereavement 65 Minutes
12:45pm-1:15pm	Break
1:15pm-2:30pm	Treatment of Suicide Loss Survivors
2:30pm-3pm	Conclusion