



Group Cognitive Processing Therapy Workshop Course Description

Target Audience: Mental health providers who treat individuals with PTSD.

Instructional Level: Intermediate

Course Description: Presented by Katherine Dondanville, PsyD, ABPP, the purpose of this workshop is to develop Cognitive Processing Therapy (CPT) skills to support the implementation of CPT in a group setting. Focus will be placed on exploring the efficacy, development, and utilization of CPT for groups. Participants will develop their understanding regarding therapist/participant roles, prescreening group members, session content, and aftercare. Potential treatment derailing behaviors of both group members and group leaders will also be discussed.

Learning Objectives:

At the end of this course, participants will be able to:

1. Understand the goals of group CPT.
2. Understand the basic logistics of CPT group preparation.
3. Develop and implement effective CPT groups.
4. Identify behaviors that can derail CPT groups.

Date and Time: Wednesday, December 13, 2023 from 10am – 4pm CDT/ 11am– 5pm EDT

Duration: 6-hours including 1-hour break

Where: Zoom (*closed captioning available*)

Cost: \$150

Meet the Presenter

Katherine Dondanville, PsyD, ABPP, Program Director, Cognitive Processing Therapy, STRONG STAR Training Initiative



Katherine Dondanville, PsyD, ABPP, is an Associate Professor and a Licensed Clinical Psychologist. She is Board Certified in Cognitive and Behavioral Psychology by the American Board of Professional Psychology. Dr. Dondanville is the Director of Research for the Fort Hood Site of the STRONG STAR Consortium and the Consortium to Alleviate PTSD. She oversees 30 faculty and staff in the delivery and evaluation of clinical intervention research for combat-related PTSD and related conditions in collaboration with some of the world's leading clinical experts.

Special Accommodations

If you require special accommodations due to a disability, please contact the STRONG STAR Training Initiative at admin@strongstartraining.org one week prior to the workshop so that we may provide you with appropriate service.

Location Information

This course will be held live via Zoom on Wednesday, December 13, 2022 from 10am – 4pm CDT/ 11am – 5pm EDT.

Continuing Education

The STRONG STAR Training Initiative offers attendees 5 Continuing Education (CE) Credits for participation in this 6-hour course. Participants who attend are eligible to receive 5 CE Credits. To obtain CE Credits, attendees must sign in at the start of the course and sign out after its conclusion. Inquiries regarding CE may be directed via email to admin@strongstartraining.org.

Our continuing education credits have historically been recognized by most professional state licensing boards. However, this is not guaranteed. Please check with your licensing board for verification.

The University of Texas Health Science Center at San Antonio is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The University of Texas Health Science Center at San Antonio maintains responsibility for this program and its content.



Group Cognitive Processing Therapy Workshop (*Virtual via Zoom*)

Instructor: Katherine Dondanville, PsyD, ABPP

Agenda Time is based on Central Time Zone

10:00 am – 10:15 am	Welcome and Opening Remarks
10:15 am – 11:30 am	Research on Group CPT & Group Logistics and Roles
11:30 am – 11:45 am	Break
11:45 am – 12:30 pm	Pre-Treatment Considerations
12:30 pm – 1:00 pm	Session 1-2
1:00 pm – 2:00 pm	Lunch
2:00 pm – 3:00 pm	Session 3-7
3:00 pm- 3:30 pm	Trauma Themes
3:30 pm – 4:00 pm	Wrap-up and Q&A