



Crisis Response Planning for Suicide Prevention Workshop Training Description

Target Audience: Mental health providers

Instructional Level: Introductory

Course Description: This workshop is designed to enhance individuals' knowledge about crisis response planning (CRP) for managing acute suicide risk, and to increase their ability to administer this intervention confidently and competently with at-risk individuals. The first half of the workshop provides didactic knowledge about suicide, the development of the crisis response plan intervention, and its empirical support, all of which are designed to increase knowledge. The second half of the workshop includes clinical demonstrations by the instructor and skills practice by attendees, which are designed for individuals to acquire skill competency.

Learning Objectives:

At the end of this course, participants will be able to:

1. Describe 2 peer-reviewed research findings that evaluate the efficacy of crisis response planning for suicide prevention.
2. Explain the rationale for completing a crisis response plan.
3. List and describe 4 components of the suicidal mode.
4. Identify and describe the 5 core components of a crisis response plan.
5. Discuss and demonstrate an effective crisis response plan.

Primary Goal: After completion of this training, mental health providers will be able to implement CRP effectively.

Date and Time: Friday, February 10, 2023 from 8 a.m. to 4:00 p.m. CST

Duration: 1-day workshop

Where: Zoom

Training Cost: \$350

Crisis Response Planning for Suicide Prevention Workshop Agenda

Please note Agenda time is based on **Central Standard Time Zone**

7:30 am – 8:00 am	Arrival & Sign In
8:00 am – 8:45 am	What a crisis plan is and is not Essential ingredients of effective interventions Scientific evidence
8:45 am – 9:30 am	Understanding suicidal behaviors
9:30 am – 9:45 am	Break
9:45 am – 10:30 am	Narrative assessment mechanics Video demonstration
10:30 am – 11:30 am	Crisis response plan mechanics Video demonstration
11:30 am – 12:30 pm	Lunch
12:30 pm – 1:30 pm	Role Play #1
1:30 pm – 2:00 pm	Discussion & Questions
2:00 pm – 2:15 pm	Break
2:15 pm – 3:30 pm	Role Play #2
3:30 pm – 3:45 pm	Discussion & Questions
3:45 pm – 4:00 pm	Summary & Wrap-Up

Meet the Trainer

Hannah Tyler, PhD, ABPP



Hannah Tyler is an Assistant Professor within the Department of Psychiatry and Behavioral Sciences at UT Health San Antonio. Dr. Tyler is a licensed psychologist and is board certified in cognitive and behavioral psychology by the American Board of Professional Psychology. She has extensive experience providing trauma treatment for active duty service members, veterans, and civilian community members. Dr. Tyler's expertise involves providing treatment and clinical consultation in Crisis Response Planning for Suicide Prevention, Cognitive Processing Therapy (CPT), Cognitive Behavioral Therapy for Insomnia and Nightmares (CBT-I&N), and Written Exposure Therapy (WET).

Special Accommodations

If you require special accommodations due to a disability, please contact the STRONG STAR Training Initiative at admin@strongstartraining.org one week prior to the workshop so that we may provide you with appropriate service.

Continuing Education

The STRONG STAR Training Initiative offers attendees 6.5 Continuing Education (CE) Credits for participating in the 1-day training. Participants who attend are eligible to receive 6.5 CE Credits. To obtain CE Credits, attendees must sign in at the start of the course and sign out after its conclusion. Inquiries regarding CE may be directed via email to admin@strongstartraining.org.

Our continuing education credits have historically been recognized by most professional state licensing boards. However, this is not guaranteed. Please check with your licensing board for verification.

This program is Approved by the National Association of Social Workers (Approval # 886886336-4072) for 6.5 continuing education contact hours.

The University of Texas Health Science Center at San Antonio is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The University of Texas Health Science Center at San Antonio maintains responsibility for this program and its content.