Webinar Series

Strategies for Integrating Suicide Risk Assessment and Management into Evidence-Based Treatments for PTSD

Target Audience: Mental Health Providers working with individuals with PTSD and suicide risk.

Instructional Level: Introductory

Course Description: Presented by Brooke Fina, LCSW, BCD, the purpose of this course is to educate mental health professionals about the integration of suicide risk assessment and management into evidence-based treatments (EBTs) for PTSD. The webinar will first report on research about the comorbidity of self-injurious thoughts and behaviors and PTSD, and how EBTs such as Cognitive Processing Therapy and Prolonged Exposure reduce suicidal thoughts. Next, this webinar will provide guidance for conceptualizing patients with suicide risk during PTSD treatment. Finally, this course will suggest ways to incorporate evidence-based suicide risk management strategies with a focus on Crisis Response Planning for suicide prevention while implementing EBTs for PTSD.

Learning Objectives:

At the end of this course, participants will be able to:

1. Recognize the relationship between suicide risk, PTSD, and evidence-based treatments (EBTs) for PTSD.
2. Apply a conceptual model of suicide risk to patients with PTSD and suicide risk.
3. Utilize evidence-based strategies for suicide risk during a course of EBT for PTSD.

Date and Time: Thursday, September 8, 2022, at 1:00 pm CDT/ 2:00pm EDT

Duration: 1 hour

Where: Zoom (*closed captioning available*)

Cost: No cost

Meet the Presenter

Brooke Fina, LCSW, BCD

Brooke Fina, LCSW, BCD, is the Director of Training for the STRONG STAR Training Initiative, a national program dedicated to providing access to quality, evidence-based treatment by training clinicians and organizations that service trauma exposed populations. She is a clinician, trainer, and facilitates implementation of treatment programs for PTSD. She is an Associate Professor within the Department of Psychiatry and Behavioral Sciences at UT Health San Antonio. She is a trainer in Prolonged Exposure Therapy for PTSD and Crisis Response Planning for suicide prevention.

Special Accommodations

If you require special accommodations due to a disability, please contact the STRONG STAR Training Initiative at admin@strongstartraining.org one week prior to the webinar so that we may provide you with the appropriate service.

Location Information

This course will be held live via Zoom on **Thursday**, **September 8**, **2022**, **at 1pm CDT/ 2pm EDT**. The webinar will be recorded and uploaded to the STRONG STAR Training Initiative Provider Portal at https://www.strongstartraining.org/providers/ and Vimeo.

Continuing Education

The STRONG STAR Training Initiative offers 1 continuing education (CE) credit(s) to participants who attend this 1 hour course and are eligible to receive CE credit(s). To obtain CE credit(s), attendees must sign in at the start of the course and sign out after its conclusion. Inquiries regarding CE may be directed via email to admin@strongstartraining.org.

Our CE credits have historically been recognized by most professional state licensing boards. However, this is not guaranteed. Please check with your licensing board for verification.

The University of Texas Health Science Center at San Antonio is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The University of Texas Health Science Center at San Antonio maintains responsibility for this program and its content.