



# Treating Traumatic Loss Related PTSD in Military Service Members and Veterans

## Course Description

**Target Audience:** Mental health providers who treat military personnel and veterans with PTSD

**Instructional Level:** Advanced

The purpose of this course is to educate mental health professionals about the role that traumatic loss plays in the phenomenology and treatment of PTSD in military service members and veterans. The course will discuss common traumatic loss experiences for military populations and how to assess for traumatic loss. This course will also provide mental health professionals with best practices for working with patients with traumatic loss when utilizing evidence-based trauma-focused treatment for PTSD.

### **Course Objectives:**

At the end of this course, participants will be able to:

- 1) Define traumatic loss and describe the impact of traumatic loss in service members and veterans with PTSD.
- 2) Assess for and identify individuals with traumatic loss and associated complicated grief reactions.
- 3) Apply best practices to their work with service members and veterans with traumatic loss related PTSD utilizing Cognitive Processing Therapy or Prolonged Exposure.

### **Dates and Times:**

Monday, May 17 at 10:00am CT



## Presenter

Vanessa Jacoby, Ph.D.  
CPT & PE Consultant

Vanessa M. Jacoby, Ph.D., is an Assistant Professor and a Licensed Clinical Psychologist within the Division of Behavioral Medicine and the Department of Psychiatry at the University of Texas Health Science Center at San Antonio. Dr. Jacoby provides clinical services to active duty service members and their families for the STRONG STAR Consortium and the Consortium to Alleviate PTSD (CAP). Her research interests are in the developmental trajectory, and treatment, of PTSD and other trauma-related disorders. She specializes in Cognitive Processing Therapy for PTSD and Prolonged Exposure for PTSD. Additionally, Dr. Jacoby has worked with trauma-exposed children and whole families utilizing Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) and has experience in incorporating family members into evidence-based treatments for PTSD.

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## Participate

There is no additional cost to attending this course for providers who are already enrolled in the STRONG STAR Training Initiative.

### Special Accommodations

If you require special accommodations due to a disability, please contact STRONG STAR at [training@strongstar.org](mailto:training@strongstar.org) one week prior to the training so that we may provide you with appropriate service.

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## Location Information

This course will be held live via Zoom on Monday, May 17, 2021 at 10am CT. The webinar will be recorded and uploaded to the STRONG STAR Training Initiative Provider Portal at <https://www.strongstartraining.org/providers/>, where it will be available for on-demand. CE credit is available for on-demand learning.



## **Continuing Education**

The University of Texas Health Science Center at San Antonio is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The University of Texas Health Science Center at San Antonio maintains responsibility for this program and its content.

The STRONG STAR Training Initiative offers attendees 1 credit hour for participation in this 1-hour course. To obtain CE credit, attendees must sign in at the start of the course and sign out after its conclusion. Inquiries regarding CE may be directed via email to [training@strongstar.org](mailto:training@strongstar.org).

Our continuing education credits have historically been recognized by most professional state licensing boards. However, this is not guaranteed. Please check with your licensing board for verification.