



Webinar Series

Clinical Considerations for the Implementation of CPT Among LGBTQIA+ Populations

Target Audience: Clinicians trained in evidence-based treatments for PTSD

Instructional Level: Intermediate

Course Description: Presented by John Moring, PhD, the purpose of this course is to review the intersection of trauma and sexual orientation and gender identity. Individuals who identify as LGBTQIA+ experience significantly more physical and sexual assault compared to their heterosexual, cisgender counterparts. Clinicians who work with this population may benefit from learning more about how to address trauma and stress related to sexual and gender identity in the context of Cognitive Processing Therapy (CPT) for PTSD. Relevant cultural factors related to the LGBTQIA+ community will be explored, as well as possible differences in PTSD symptomatology. Attendees will learn how to incorporate these cultural factors in their case conceptualization process, as well as how to challenge assimilated and over-accommodated stuck points related to sexual orientation and gender identity-based traumas. Modifications of CPT based on these factors will be discussed.

Learning Objectives:

At the end of this course, participants will be able to:

1. Identify and assess trauma based on sexual orientation and gender identity.
2. Recognize the intersection of trauma and sexual orientation identity.
3. Identify strategies to Socratically challenge assimilated and over-accommodated stuck points in a culturally sensitive matter.

Date and Time: Thursday, June 2, 2022, at 1pm CST/ 2pm EST

Duration: 1-hour

Where: Zoom (*closed captioning available*)

Cost: No cost

Meet the Presenter

John Moring, PhD



Dr. John Moring is a Texas-licensed Clinical Psychologist. He obtained his Ph.D. in Clinical Psychology from the University of Wyoming and completed an internship at the University of California San Diego School of Medicine and San Diego VA. Dr. Moring completed his post-doctoral fellowship at UT Health San Antonio, with STRONG STAR and the Consortium to Alleviate PTSD (CAP), a multi-disciplinary and multi-institutional research consortium to develop and evaluate the most effective interventions for the detection, prevention, diagnosis, and treatment of combat-related PTSD.

Here, he served as a study therapist for several clinical trials that examined the effectiveness of Cognitive Processing Therapy for post-9/11 veterans suffering from PTSD. After fellowship, he remained at UT Health San Antonio as an Assistant Professor and obtained two career development awards from the National Center for Advancing Translational Science (NIH) and the National Institute of Mental Health (NIH). Dr. Moring is currently investigating the neurobiological mechanisms that are both shared and unique between tinnitus and PTSD. He works with the STRONG STAR Training Initiative as a Cognitive Processing Therapy and Crisis Response Plan consultant. Dr. Moring remains passionate about translational and clinical research to improve existing therapies, develop new and innovative approaches to alleviate stress and enhance patient lives.

Special Accommodations

If you require special accommodations due to a disability, please contact the STRONG STAR Training Initiative at admin@strongstartraining.org one week prior to the webinar so that we may provide you with the appropriate service.

Location Information

This course will be held live via Zoom on **Thursday, June 2, 2022, at 1pm CST/ 2pm EST**. The webinar will be recorded and uploaded to the STRONG STAR Training Initiative Provider Portal at <https://www.strongstartraining.org/providers/> and [Vimeo](#).

Continuing Education

The STRONG STAR Training Initiative offers 1 continuing education (CE) credit to participants who attend this 1-hour course and are eligible to receive CE credit. To obtain CE credit, attendees must sign in at the start of the course and sign out after its conclusion. Inquiries regarding CE may be directed via email to admin@strongstartraining.org.

Our CE credits have historically been recognized by most professional state licensing boards. However, this is not guaranteed. Please check with your licensing board for verification.

The University of Texas Health Science Center at San Antonio is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The University of Texas Health Science Center at San Antonio maintains responsibility for this program and its content.