



Motivational Interviewing to Enhance Engagement with PE and CPT

Course Description

Target Audience: Mental health providers who treat clients with PTSD

Instructional Level: Intermediate

The goal of this course is to educate mental health professionals about motivational enhancement strategies that can be helpful in evidence-based treatment for PTSD. The course will provide an overview of Motivational Interviewing strategies. This course will define challenges of working with trauma population. Providers will also learn how Motivational Interviewing can be applied to increase patient engagement and to address barriers to starting an Evidence Based Treatment.

Course Objectives:

At the end of this course, participants will be able to:

- 1) Provide an overview of Motivational Interviewing strategies
- 2) Define challenges of working with trauma populations
- 3) Describe how motivational interviewing can be applied to increase patient engagement
- 4) Address barriers to starting evidenced-based treatments

Dates and Times:

Thursday, June 17 at 10:00am CT



Presenter

Franchesca Scott, Ph.D.

Franchesca Scott is a postdoctoral fellow at STRONG STAR. There she provides evidenced-based PTSD treatment to active duty soldiers, veterans, and military family. She also supports veteran health research. Dr. Scott provides consultation services to behavioral health providers for prolonged exposure therapy. Prior to this role, Scott worked as a clinical psychology resident at the Intrepid Spirit Trauma Brain Injury (TBI) clinic located at Fort Hood, Texas. There she provided specialized care such as neuropsychological and cognitive assessments, which has enabled 90% of patients to continue on active duty with many of their symptoms reduced or controlled. In addition, she had leading roles to promote military cultural competence in the community, to coordinate outreach efforts and reduce stigma associated with seeking mental healthcare. Dr. Scott earned her PhD in clinical psychology and industrial-organizational psychology from Alliant International University in San Diego, California. She served in the U.S. Army as a Captain in the medical service corps.

Participate

There is no additional cost to attending this course for providers who are already enrolled in the STRONG STAR Training Initiative.

Special Accommodations

If you require special accommodations due to a disability, please contact STRONG STAR at training@strongstar.org one week prior to the training so that we may provide you with appropriate service.



Location Information

This course will be held live via Zoom on Thursday, June 17, 2021 at 10am CT. The webinar will be recorded and uploaded to the STRONG STAR Training Initiative Provider Portal at <https://www.strongstartraining.org/providers/>, where it will be available for on-demand. CE credit is available for on-demand learning.

Continuing Education

The University of Texas Health Science Center at San Antonio is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The University of Texas Health Science Center at San Antonio maintains responsibility for this program and its content.

The STRONG STAR Training Initiative offers attendees 1 credit hour for participation in this 1-hour course. To obtain CE credit, attendees must sign in at the start of the course and sign out after its conclusion. Inquiries regarding CE may be directed via email to training@strongstar.org.

Our continuing education credits have historically been recognized by most professional state licensing boards. However, this is not guaranteed. Please check with your licensing board for verification.