



Monthly Webinar Series

Addressing Moral Injury Through PE and CPT

Target Audience: Psychologists, professional counselors, marriage and family therapists, and social workers providing clinical services to individual with PTSD

Instructional Level: Intermediate

Course Description: Presented by Wyatt R. Evans, PhD, ABPP, this presentation will review developments in the theoretical and empirical understanding of moral injury. While pointing to gaps and discrepancies in the literature, this presentation will highlight areas of interdisciplinary consensus and discuss implications for conceptualization and intervention. The purpose of this course is to educate mental health professionals providing care to veterans and their families on recent and ongoing developments in the theoretical and empirical understanding of moral injury. As moral injury may co-occur with PTSD, providers will be taught about expressions of moral injury, how these may interact with PTSD symptoms, and how to acknowledge and even target these struggles within a course of PTSD treatment. Specifically, empirically and clinically-informed processes and procedures will be discussed for addressing moral injury in Prolonged Exposure (PE) and Cognitive Processing Therapy (CPT). Providers will learn how to identify stuck points related to morally injurious events and moral injury as well as how to employ Socratic Dialog to explore moral reactions, judgments, and emotions. Providers will also learn how to engage emotional processing to address a range of moral emotions and judgments as well as how to target in vivo exposures to facilitate new learning with both feared activities and activities avoided due to unwanted moral emotions and judgments.

Learning Objectives:

At the end of this course, participants will be able to:

1. Recognize strengths and limitations of current definitions in the moral injury literature relevant to case conceptualization.
2. Describe how PE and CPT processes and procedures may be engaged to alleviate moral injury.
3. Identify theory-consistent, evidence-based augmentations that may enhance the effect of PE and CPT on moral healing.

Date and Time: Thursday, December 2 at 1pm CST/ 2pm EST

Duration: 1-hour

Where: Zoom (*closed captioning available*)

Cost: There is no additional cost to attend this course for providers who are already enrolled in the STRONG STAR Training Initiative.

Meet the Presenter

Wyatt R. Evans, PhD, ABPP



Wyatt R. Evans, PhD, ABPP, is a board-certified clinical psychologist in the VA North Texas Health Care System and in private practice in the Dallas-Fort Worth area. He received his PhD in Clinical Psychology from Palo Alto University in 2017, completing clinical training at the VA Palo Alto Health Care System, a pre-doctoral internship at the Michael E. DeBakey VA Medical Center in Houston, and a postdoctoral fellowship at the University of Texas Health Science Center San Antonio with the STRONG STAR Consortium and the Consortium to Alleviate International Society for Traumatic Stress Studies, and the Association for Contextual Behavioral Science. He is also an adjunct faculty member at Central Texas College and the University of North Texas.

Special Accommodations

If you require special accommodations due to a disability, please contact the STRONG STAR Training Initiative at admin@strongstartraining.org one week prior to the webinar so that we may provide you with appropriate service.

Location Information

This course will be held live via Zoom on **Thursday, December 2, 2021 at 1:00 p.m. CST/ 2:00 p.m. EST**. The webinar will be recorded and uploaded to the **STRONG STAR Training Initiative Provider Portal** at <https://www.strongstartraining.org/providers/>.

Continuing Education

The STRONG STAR Training Initiative offers attendees 1 Continuing Education (CE) Credit for participation in this 1-hour course. Participants who attend are eligible to receive 1 CE Credit. To obtain CE Credit, attendees must sign in at the start of the course and sign out after its conclusion. Inquiries regarding CE may be directed via email to admin@strongstartraining.org.

Our continuing education credits have historically been recognized by most professional state licensing boards. However, this is not guaranteed. Please check with your licensing board for verification.

The University of Texas Health Science Center at San Antonio is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The University of Texas Health Science Center at San Antonio maintains responsibility for this program and its content.