



## Monthly Webinar Series

# Domestic Violence 101 and Considerations for EBTs for PTSD

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**Target Audience:** CPT Providers

**Instructional Level:** Introductory

**Course Description:** *One in four women will experience intimate partner violence in her lifetime.* Presented by Ruth Guerreiro, LCSW, and Victoria O'Connor, LPC, from the [Genesis Women's Shelter & Support](#) in Dallas, Texas, the purpose of this course is to cover the types of an abusive relationship, as well as the causes of abuse and why women may stay in abusive relationships. Information will also be given regarding the intersectionality of culture, race, religion, and sexuality in the context of domestic violence. The presenters will also introduce common stuck points and themes, including safety considerations, that may arise when conducting Cognitive Processing Therapy (CPT) with a survivor of intimate partner violence.

### **Learning Objectives:**

At the end of this course, participants will be able to:

1. Understand the dynamics of abuse, including escalation and cycle of violence.
2. Learn cultural considerations when working with marginalized populations in domestic violence.
3. Identify common CPT stuck points and safety considerations when working with survivors of domestic violence.

**Date and Time:** Thursday, October 7 at 1:00 p.m. CST/ 2:00 p.m. EST

**Duration:** 90 minutes

**Where:** Zoom

**Cost:** There is no additional cost to attend this course for providers who are already enrolled in the STRONG STAR Training Initiative.

## Meet the Presenters

Ruth Guerreiro, LCSW, Senior Director of Clinical & Non-Residential Services

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**Ruth Guerreiro, LCSW**, is a Licensed Clinical Social Worker, Board Approved Supervisor (LCSW), and an EMDRIA Approved Consultant. She has been practicing therapy since 2005. She has worked directly with over 1,000 victims of domestic violence during her 10 years of employment at Genesis Women’s Shelter & Support. Ruth is the Senior Director of Clinical and Non-Residential Services at Genesis where she supervises all of the clinical staff, provides trainings to Genesis staff and community members, provides expert testimony in court, and oversees the counseling and advocacy services provided at the non-residential location. Ruth is trained in three evidence-based, trauma-informed counseling models: EMDR, CPT, and TF-CBT. Her expertise includes trauma, domestic violence, attachment, and parenting support.

Victoria O’Connor, LPC

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**Victoria O’Connor, LPC**, graduated from the University of North Texas with a Master’s in Clinical Mental Health Counseling. While completing her graduate-level internship at Genesis Women’s Shelter & Support, she developed a passion for helping women impacted by abuse. She has worked at Genesis for 3 years and is dedicated to support women and children survivors of trauma in their healing journeys. Victoria is trained in Eye Movement Desensitization and Reprocessing (EMDR), Cognitive Processing Therapy (CPT), and Trauma-Focused Cognitive Behavioral Therapy (TF-CBT).

## Special Accommodations

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If you require special accommodations due to a disability, please contact the STRONG STAR Training Initiative at [admin@strongstartraining.org](mailto:admin@strongstartraining.org) one week prior to the webinar so that we may provide you with appropriate service.

## Location Information

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This course will be held live via Zoom on **Thursday, October 7, 2021 at 1:00 p.m. CST/ 2:00 p.m. EST**. The webinar will be recorded and uploaded to the STRONG STAR Training Initiative Provider Portal at <https://www.strongstartraining.org/providers/>.

## Continuing Education

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The STRONG STAR Training Initiative offers attendees 1.5 Continuing Education (CE) Credits for participation in this 90 minute course. Participants who attend are eligible to receive 1.5 CE Credits. To obtain CE Credits, attendees must sign in at the start of the course and sign out after its conclusion. Inquiries regarding CE may be directed via email to [admin@strongstartraining.org](mailto:admin@strongstartraining.org).

Our continuing education credits have historically been recognized by most professional state licensing boards. However, this is not guaranteed. Please check with your licensing board for verification.

The University of Texas Health Science Center at San Antonio is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The University of Texas Health Science Center at San Antonio maintains responsibility for this program and its content.