



STRONG STAR
TRAINING
INITIATIVE

Evidence Based Treatment for PTSD: Assessment and Ethical Engagement Course Description

Target Audience: Mental health providers who provide services for military personnel and veterans with PTSD.

Instructional Level: Introductory

Course Description:

The purpose of this webinar is to educate mental health professionals about ethical assessment procedures and decision making prior to beginning a course of evidence-based treatment for PTSD and to address the ethical importance of educating patient with PTSD about evidence-based treatments for PTSD. First, the webinar will provide an overview of the current diagnostic criteria for posttraumatic stress disorder (PTSD) in accordance with DSM-5 and the ethical application of assessment procedures, including identifying an index trauma and confirming a PTSD diagnosis, and evaluating for significant trauma symptoms. This course will provide guidance on how to ethically determine whether PTSD is a primary diagnosis that warrants the use of evidence-based therapies and how to assess for comorbid symptoms and psychosocial functioning. Providers will learn how to track symptoms during treatment to guide therapy sessions during the course of evidence-based treatment for PTSD. Since providing education on EBTs for PTSD is a public health approach consistent with professional ethics and values in clinical care, this webinar will also educate attendees on methods to education patients about EBTs for PTSD to encourage help seeking behavior. It will focus on the clinical touch points of assessment and screening, transiting current clients to EBT for PTSD and provide Motivational Interviewing techniques to apply to education methods.

Learning Objectives:

At the end of this course, participants will be able to:

1. Determine whether patients meet criteria for PTSD using DSM-5 criteria
2. Conduct pre-treatment assessments of PTSD and comorbid disorders to determine appropriateness of evidence-based treatment for PTSD (CPT or PE)
3. Provide psychoeducation about EBTs for PTSD (CPT and PE) to patients with PTSD consistent with professional clinical ethics
4. Recognize the ethical significance of providing psychoeducation on EBTs for PTSD for all patients with PTSD, regardless of their readiness for immediate EBT engagement.

Duration: 2 hours

Where: Recording via Provider Portal

Participate

There is no additional cost to attending this course for providers who are already enrolled in the STRONG STAR Training Initiative.

Special Accommodations

If you require special accommodations due to a disability, please contact the STRONG STAR Training Initiative at admin@strongstartraining.org one week prior to the webinar so that we may provide you with appropriate service.

Continuing Education

The STRONG STAR Training Initiative offers attendees 2 Continuing Education (CE) Credits for participating in this 2-hour course. Participants who attend are eligible to receive 2 CE Credits. To obtain CE Credits, attendees must sign in at the start of the course and sign out after its conclusion. Inquiries regarding CE may be directed via email to admin@strongstartraining.org.

Our continuing education credits have historically been recognized by most professional state licensing boards. However, this is not guaranteed. Please check with your licensing board for verification.

The University of Texas Health Science Center at San Antonio is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. The University of Texas Health Science Center at San Antonio maintains responsibility for this program and its content.

For additional information, please contact the STRONG STAR Training Initiative at admin@strongstartraining.org.